MARRIAGE AND FAMILY THERAPIST TRAINEE AND INTERN
SUPERVISION INFORMATION

General Qualifications

Licensed mental health professionals interested in providing supervision to Marriage and Family Therapists (MFT) Trainees and Interns must meet certain minimum qualifications in order to supervise. The qualifications differ depending on the license type of the potential supervisor. Listed below are the licensed mental health professionals authorized to supervise MFT Trainees and Interns and some of the general qualifications needed to provide supervision to a MFT Trainee or Intern. For further specific information, please review sections 1833 – 1833.2 of Title 16 of the California Code of Regulations. This information only applies to those supervising MFT Trainees and Interns.

Marriage and Family Therapist – MFTs must possess
• a current and valid California license for at least two years prior to the commencement of supervision,
• complete a 6-hour supervision training within 60 days of commencement of supervision and every renewal period thereafter,
• and practiced psychotherapy or provided direct supervision of ASWs, Marriage and Family Therapist (MFT) Trainees or Interns who performed psychotherapy in two of the past five years immediately preceding the commencement of supervision.

Licensed Clinical Social Worker (LCSW) – LCSWs must possess
• a current and valid California license for at least two years prior to the commencement of supervision,
• complete a 6 hour supervision training within 60 days of commencement of supervision and every renewal period thereafter,
• and practiced psychotherapy or provided direct supervision of ASWs, Marriage and Family Therapist (MFT) Trainees or Interns who performed psychotherapy in two of the past five years immediately preceding the commencement of supervision.

Six Hour Supervision Training

LCSWs and MFTs supervising MFT Trainees and Interns must complete a minimum of six hours of supervision training or coursework (usually one course) prior to commencement of supervision and every renewal period thereafter.

MFT Trainee and Intern Supervised Experience Requirements

The Board has several resources relating to the supervision and experience requirements, including:
- BBS Home page – www.bbs.ca.gov
- Forms and Publications (download forms, FAQs, etc) - www.bbs.ca.gov/forms.shtml
- MFT Licensure Walk-Through (refresh your memory on the required steps to obtain licensure) - www.bbs.ca.gov/app-reg/mft_part1.shtml
- Experience Calculators (use a pre-formatted spreadsheet to calculate information relating to experience requirements) - www.bbs.ca.gov/app-reg/exp_calc.shtml
- Online License/Registration Verification (verify licenses and registrations instantly) - www.bbs.ca.gov/app-reg/mft_part1.shtml
- BBS Subscriber List (stay up to date on the latest BBS related news and laws) - www.bbs.ca.gov/quick_links/subscribe.shtml
- Board Meetings Calendar (check for meetings in your area; attend and be heard!) - www.bbs.ca.gov/bd_activity/bd_mtg_calendar.shtml
- Outreach Events (keep up on upcoming outreach events) - www.bbs.ca.gov/bd_activity/outreach.shtml